

U13G

Wave 1

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:49	Eilidh	Hearn	U13G	Perth Strathtay Harriers	1
2	6:01	Freya	Mowbray	U13G	Lasswade AC	2
3	6:03	Bethan	Kitchin	U13G	Lasswade AC	3
4	6:06	Eilidh	Dallas	U13G	Strathearn Harriers	4
5	6:07	Katie	Hedges	U13G	Falkirk Victoria Harriers	5
6	6:09	Isabella	Ogg	U13G	Falkirk Victoria Harriers	6
7	6:10	Eloise	Scott	U13G	Lasswade AC	7
8	6:10	Emma	Brander	U13G	Harmeny AC	7
9	6:11	Chloe	Davies	U13G	Falkirk Victoria Harriers	9
10	6:14	Nancy	Corrie	U13G	Harmeny AC	10
11	6:17	Sarah-Jane	Kane	U13G	Falkirk Victoria Harriers	11
12	6:20	Iris	Ryan	U13G	Perth Strathtay Harriers	12
13	6:21	Skye	Marshall	U13G	Harmeny AC	13
14	6:27	Iris	Nicoll	U13G	Dundee Hawkhill Harriers	14
15	6:31	Rachel	Barnett	U13G	Dunfermline Track & Field AC	15
16	6:32	Hannah	Macleod	U13G	Falkirk Victoria Harriers	16
17	6:38	Leah	Buchan	U13G	Harmeny AC	17
18	6:52	Lara	Brechin	U13G	Harmeny AC	18
19	7:11	Mairi	Gatherer	U13G	Perth Strathtay Harriers	19

Wave 2

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:42	Megan	McKay	U13G	Edinburgh AC	1
2	5:46	Dashka	MacDonald	U13G	Edinburgh AC	2
3	5:52	Lucy	Todd	U13G	Aberdeen AAC	3
4	5:54	Jemma	Macleod	U13G	Cumbernauld AAC	4
5	5:58	Erin	Gray	U13G	Gala Harriers	5
6	6:05	Kirsty	Rankine	U13G	Gala Harriers	6
7	6:09	Jessica	Hendry	U13G	Gala Harriers	7
8	6:14	Alice	Mourao	U13G	Corstorphine AAC	8
9	6:16	Freya	Harley	U13G	Haddington RC	9
10	6:20	Ellis	Rochford	U13G	Aberdeen AAC	10
11	6:22	Elise	Field	U13G	Gala Harriers	11
12	6:23	Jessica	Needs	U13G	Peterhead AC	12
13	6:25	Sky	Simpson	U13G	Inverness Harriers AAC	13
14	6:27	Summer	Taggart	U13G	Greenock Glenpark Harriers	14
15	6:35	Maria	McCabe	U13G	Greenock Glenpark Harriers	15
16	7:16	Megan	Lang	U13G	Corstorphine AAC	16

Combined Result

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:42	Megan	McKay	U13G	Edinburgh AC	1
2	5:46	Dashka	MacDonald	U13G	Edinburgh AC	2
3	5:49	Eilidh	Hearn	U13G	Perth Strathtay Harriers	1
4	5:52	Lucy	Todd	U13G	Aberdeen AAC	3
5	5:54	Jemma	Macleod	U13G	Cumbernauld AAC	4
6	5:58	Erin	Gray	U13G	Gala Harriers	5
7	6:01	Freya	Mowbray	U13G	Lasswade AC	2
8	6:03	Bethan	Kitchin	U13G	Lasswade AC	3
9	6:05	Kirsty	Rankine	U13G	Gala Harriers	6
10	6:06	Eilidh	Dallas	U13G	Strathearn Harriers	4
11	6:07	Katie	Hedges	U13G	Falkirk Victoria Harriers	5
12	6:09	Isabella	Ogg	U13G	Falkirk Victoria Harriers	6
12	6:09	Jessica	Hendry	U13G	Gala Harriers	7
14	6:10	Eloise	Scott	U13G	Lasswade AC	7
14	6:10	Emma	Brander	U13G	Harmeny AC	7
16	6:11	Chloe	Davies	U13G	Falkirk Victoria Harriers	9
17	6:14	Alice	Mourao	U13G	Corstorphine AAC	8
17	6:14	Nancy	Corrie	U13G	Harmeny AC	10
19	6:16	Freya	Harley	U13G	Haddington RC	9
20	6:17	Sarah-Jane	Kane	U13G	Falkirk Victoria Harriers	11
21	6:20	Ellis	Rochford	U13G	Aberdeen AAC	10
21	6:20	Iris	Ryan	U13G	Perth Strathtay Harriers	12
23	6:21	Skye	Marshall	U13G	Harmeny AC	13
24	6:22	Elise	Field	U13G	Gala Harriers	11
25	6:23	Jessica	Needs	U13G	Peterhead AC	12
26	6:25	Sky	Simpson	U13G	Inverness Harriers AAC	13
27	6:27	Iris	Nicoll	U13G	Dundee Hawkhill Harriers	14
27	6:27	Summer	Taggart	U13G	Greenock Glenpark Harriers	14
29	6:31	Rachel	Barnett	U13G	Dunfermline Track & Field AC	15
30	6:32	Hannah	Macleod	U13G	Falkirk Victoria Harriers	16
31	6:35	Maria	McCabe	U13G	Greenock Glenpark Harriers	15
32	6:38	Leah	Buchan	U13G	Harmeny AC	17
33	6:52	Lara	Brechin	U13G	Harmeny AC	18
34	7:11	Mairi	Gatherer	U13G	Perth Strathtay Harriers	19
35	7:16	Megan	Lang	U13G	Corstorphine AAC	16

Wave 3

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:12	Luke	Culliton	U13B	Falkirk Victoria Harriers	1
2	5:15	Fergus	Ross	U13B	Harmeny AC	2
3	5:16	Matthew	Holden	U13B	Harmeny AC	3
4	5:17	Dan	McGuire	U13B	Harmeny AC	4
5	5:21	Dylan	Daunt	U13B	Edinburgh AC	5
6	5:25	Ethan	Stark	U13B	Perth Strathtay Harriers	6
7	5:28	Harry	MacKay	U13B	Edinburgh AC	7
8	5:29	Daniel	McIntyre	U13B	Harmeny AC	8
9	5:31	Archie	Suttie	U13B	Fife AC	9
10	5:41	Jake	Page	U13B	Team East Lothian	10
11	5:43	Laurence	Ward	U13B	Edinburgh AC	11
12	5:44	Josh	Daunt	U13B	Edinburgh AC	12
13	5:45	Andrew	Grant	U13B	Strathearn Harriers	13
14	5:46	Oliver	Wishart	U13B	Pitreavie AAC	14
15	5:47	Kealan	O'Shea-Morrat	U13B	Harmeny AC	15
16	5:48	Dair	Alexander	U13B	Harmeny AC	16
17	5:54	Kieran	Hardie	U13B	Harmeny AC	17
18	6:03	Ralph	Wilkie	U13B	Harmeny AC	18
19	6:04	Finch	Geary	U13B	Fife AC	19
20	6:05	Lewis	Harrison	U13B	Corstorphine AAC	20
21	6:09	Frazer	Lees	U13B	Pitreavie AAC	21
22	6:12	Fraser	Gemmell	U13B	Unattached	22
23	6:19	Tom	Brydie	U13B	Edinburgh AC	23
24	6:21	Ross	Allan	U13B	Pitreavie AAC	24

Wave 4

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:10	Andrew	Baird	U13B	Ross County AC	1
2	5:16	Ross	Christie	U13B	Gala Harriers	2
3	5:20	Finlay	Rae	U13B	Aberdeen AAC	3
4	5:21	Oscar	Chimside	U13B	Aberdeen AAC	4
5	5:22	Israel	Noble	U13B	Fraserburgh RC	5
6	5:31	Daniel	Hendry	U13B	Garscube Harriers	6
7	5:32	Calum	Duffy	U13B	Ross County AC	7
8	5:40	Matty	Fleming	U13B	Gala Harriers	8
9	5:41	Charlie	Pugh	U13B	Haddington RC	9
10	5:42	Liam	Kane	U13B	Inverclyde AC	10
11	5:43	Ewan	Docherty	U13B	Inverclyde AC	11
12	5:44	Archie	Dalgliesh	U13B	Gala Harriers	12
13	5:45	Morgan	Frost	U13B	Gala Harriers	13
14	5:46	Michael	Miller	U13B	Inverness Harriers AAC	14
15	5:48	George	Ross	U13B	Ross County AC	15
16	5:49	Jensen	Strachan	U13B	Fraserburgh RC	16
17	5:51	Joshua	Liddell	U13B	Haddington RC	17
18	5:58	Fraser	Lupton	U13B	Haddington RC	18
19	6:43	Luc	Macleod	U13B	Banchory Stonehaven AC	19

Combined Result

Place	Time	First Name	Last Name	Age	Club	Pos
1	5:10	Andrew	Baird	U13B	Ross County AC	1
2	5:12	Luke	Culliton	U13B	Falkirk Victoria Harriers	1
3	5:15	Fergus	Ross	U13B	Harmeny AC	2
4	5:16	Matthew	Holden	U13B	Harmeny AC	3
4	5:16	Ross	Christie	U13B	Gala Harriers	2
6	5:17	Dan	McGuire	U13B	Harmeny AC	4
7	5:20	Finlay	Rae	U13B	Aberdeen AAC	3
8	5:21	Dylan	Daunt	U13B	Edinburgh AC	5
8	5:21	Oscar	Chimside	U13B	Aberdeen AAC	4
10	5:22	Israel	Noble	U13B	Fraserburgh RC	5
11	5:25	Ethan	Stark	U13B	Perth Strathtay Harriers	6
12	5:28	Harry	MacKay	U13B	Edinburgh AC	7
13	5:29	Daniel	McIntyre	U13B	Harmeny AC	8
14	5:31	Archie	Suttie	U13B	Fife AC	9
14	5:31	Daniel	Hendry	U13B	Garscube Harriers	6
16	5:32	Calum	Duffy	U13B	Ross County AC	7
17	5:40	Matty	Fleming	U13B	Gala Harriers	8
18	5:41	Jake	Page	U13B	Team East Lothian	10
18	5:41	Charlie	Pugh	U13B	Haddington RC	9
20	5:42	Liam	Kane	U13B	Inverclyde AC	10
21	5:43	Laurence	Ward	U13B	Edinburgh AC	11
21	5:43	Ewan	Docherty	U13B	Inverclyde AC	11
23	5:44	Josh	Daunt	U13B	Edinburgh AC	12
23	5:44	Archie	Dalgliesh	U13B	Gala Harriers	12
25	5:45	Andrew	Grant	U13B	Strathearn Harriers	13
25	5:45	Morgan	Frost	U13B	Gala Harriers	13
27	5:46	Oliver	Wishart	U13B	Pitreavie AAC	14
27	5:46	Michael	Miller	U13B	Inverness Harriers AAC	14
29	5:47	Kealan	O'Shea-Morrat	U13B	Harmeny AC	15
30	5:48	Dair	Alexander	U13B	Harmeny AC	16
30	5:48	George	Ross	U13B	Ross County AC	15
32	5:49	Jensen	Strachan	U13B	Fraserburgh RC	16
33	5:51	Joshua	Liddell	U13B	Haddington RC	17
34	5:54	Kieran	Hardie	U13B	Harmeny AC	17
35	5:58	Fraser	Lupton	U13B	Haddington RC	18
36	6:03	Ralph	Wilkie	U13B	Harmeny AC	18
37	6:04	Finch	Geary	U13B	Fife AC	19
38	6:05	Lewis	Harrison	U13B	Corstorphine AAC	20
39	6:09	Frazer	Lees	U13B	Pitreavie AAC	21
40	6:12	Fraser	Gemmell	U13B	Unattached	22
41	6:19	Tom	Brydie	U13B	Edinburgh AC	23
42	6:21	Ross	Allan	U13B	Pitreavie AAC	24
43	6:43	Luc	Macleod	U13B	Banchory Stonehaven AC	19

U15G

Wave 5

Place	Time	First Name	Last Name	Age	Club	Pos
1	10:23	Olivia	Clarke	U15G	Corstorphine AAC	1
2	10:27	Maja	Thomson	U15G	Team East Lothian	2
3	10:27	Amy	Teasdale	U15G	Kilbarchan AAC	3
4	10:45	Isla	Thoms	U15G	Fife AC	4
5	10:50	Charlotte	MacPhie	U15G	Corstorphine AAC	5
6	11:08	Abbi	Macleod	U15G	Falkirk Victoria Harriers	6
7	11:17	Olivia	Robbins	U15G	Team East Lothian	7
8	11:22	Katie	Sandilands	U15G	Fife AC	8
9	11:24	Olivia	Meikle	U15G	Lasswade AC	9
10	11:25	Erin	Macfarlane	U15G	Pitreavie AAC	10
11	11:26	Ariane	Baillie	U15G	Pitreavie AAC	11
12	11:41	Katie	Thomson	U15G	Pitreavie AAC	12
13	11:46	Eva	Cameron	U15G	Corstorphine AAC	13
14	12:20	Ailsa	Bagnall	U15G	Corstorphine AAC	14
15	12:34	Lily	Simon	U15G	Pitreavie AAC	15
16	12:44	Charlotte	Horne	U15G	Falkirk Victoria Harriers	16
17	13:56	Cristina	Elliot	U15G	Team East Lothian	17

Wave 6

Place	Time	First Name	Last Name	Age	Club	Pos
1	10:57	Isla	Paterson	U15G	Gala Harriers	1
2	11:07	Ava	Beaton	U15G	Greenock Glenpark Harriers	2
3	11:25	Anna	McNeill	U15G	Aberdeen AAC	3
4	11:33	Beth	Urquhart	U15G	Moray RR	4
5	11:36	Anna	Cruden	U15G	Edinburgh AC	5
6	11:38	Nell	McGregor	U15G	North Ayrshire AAC	6
7	11:38	Ruth	Burns	U15G	Ellon AAC	7
8	11:43	Hannah	Taylor	U15G	Ellon AAC	8
9	12:03	Mara	Duffy	U15G	Inverness Harriers AAC	9
10	12:09	Abbie	Little	U15G	Moorfoot Runners	10
11	12:09	Esther	Taylor	U15G	Harmeny AC	11
12	12:10	Grace	Cook	U15G	Dundee Hawkhill Harriers	12
13	13:04	Madeline	McGregor	U15G	North Ayrshire AAC	13

Combined Result

Place	Time	First Name	Last Name	Age	Club	Pos
1	10:23	Olivia	Clarke	U15G	Corstorphine AAC	1
2	10:27	Maja	Thomson	U15G	Team East Lothian	2
2	10:27	Amy	Teasdale	U15G	Kilbarchan AAC	3
4	10:45	Isla	Thoms	U15G	Fife AC	4
5	10:50	Charlotte	MacPhie	U15G	Corstorphine AAC	5
6	10:57	Isla	Paterson	U15G	Gala Harriers	1
7	11:07	Ava	Beaton	U15G	Greenock Glenpark Harriers	2
8	11:08	Abbi	Macleod	U15G	Falkirk Victoria Harriers	6
9	11:17	Olivia	Robbins	U15G	Team East Lothian	7
10	11:22	Katie	Sandilands	U15G	Fife AC	8
11	11:24	Olivia	Meikle	U15G	Lasswade AC	9
12	11:25	Anna	McNeill	U15G	Aberdeen AAC	3
12	11:25	Erin	Macfarlane	U15G	Pitreavie AAC	10
14	11:26	Ariane	Baillie	U15G	Pitreavie AAC	11
15	11:33	Beth	Urquhart	U15G	Moray RR	4
16	11:36	Anna	Cruden	U15G	Edinburgh AC	5
17	11:38	Nell	McGregor	U15G	North Ayrshire AAC	6
17	11:38	Ruth	Burns	U15G	Ellon AAC	7
19	11:41	Katie	Thomson	U15G	Pitreavie AAC	12
20	11:43	Hannah	Taylor	U15G	Ellon AAC	8
21	11:46	Eva	Cameron	U15G	Corstorphine AAC	13
22	12:03	Mara	Duffy	U15G	Inverness Harriers AAC	9
23	12:09	Abbie	Little	U15G	Moorfoot Runners	10
23	12:09	Esther	Taylor	U15G	Harmeny AC	11
25	12:10	Grace	Cook	U15G	Dundee Hawkhill Harriers	12
26	12:20	Ailsa	Bagnall	U15G	Corstorphine AAC	14
27	12:34	Lily	Simon	U15G	Pitreavie AAC	15
28	12:44	Charlotte	Horne	U15G	Falkirk Victoria Harriers	16
29	13:04	Madeline	McGregor	U15G	North Ayrshire AAC	13
30	13:56	Cristina	Elliot	U15G	Team East Lothian	17

Wave 7

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:03	Finlay	Ross	U15B	Harmeny AC	1
2	9:25	Archie	McDonald	U15B	Perth Strathtay Harriers	2
3	9:48	Roy	Taylor	U15B	Elgin AAC	3
4	10:00	Oliver	Patton	U15B	Kilbarchan AAC	4
5	10:02	David	Lidstone	U15B	Perth Strathtay Harriers	5
5	10:02	Kieran	Fulton	U15B	Moorfoot Runners	5
7	10:05	Tayven	Adamson	U15B	Inverclyde AC	7
8	10:07	Sam	Coull	U15B	Ross County AC	8
9	10:10	Brodie	Cameron	U15B	Arbroath & District AC	9
10	10:13	Ben	Campbell	U15B	Greenock Glenpark Harriers	10
11	10:24	Jack	Donald	U15B	Dundee Hawkhill Harriers	11
12	10:25	John	Marshall	U15B	Haddington RC	12
13	10:32	Campbell	Fairgrieve	U15B	Edinburgh AC	13
14	10:34	Struan	Gatherer	U15B	Perth Strathtay Harriers	14
15	10:40	Iain	Jordan	U15B	Perth Strathtay Harriers	15
16	10:53	Ryan	Curran	U15B	Nairn Area AAC	16
17	10:53	Alistair	Young	U15B	Ross County AC	17
18	11:07	Keir	Arthur	U15B	Inverclyde AC	18
19	11:22	Peter	Ferguson	U15B	Harmeny AC	19
20	12:08	James	Thom	U15B	Banchory Stonehaven AC	20

Wave 8

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:10	Corey	Campbell	U15B	Team East Lothian	1
2	9:21	Reiss	Marshall	U15B	Fife AC	2
3	9:23	Hamish	McKay	U15B	Aberdeen AAC	3
4	9:27	Lachlan	Buchanan	U15B	Inverness Harriers AAC	4
5	9:32	Andrew	McWilliam	U15B	Lasswade AC	5
6	9:47	Cameron	Rankine	U15B	Gala Harriers	6
7	9:57	Caleb	McLeod	U15B	Pitreavie AAC	7
8	9:58	Aidan	Page	U15B	Team East Lothian	8
9	9:59	Caleb	McGuire	U15B	Aberdeen AAC	9
10	10:05	Zico	Field	U15B	Gala Harriers	10
11	10:18	Rowan	Taylor	U15B	Lasswade AC	11
12	10:21	Sam	Kitchin	U15B	Lasswade AC	12
13	10:24	Samuel	Stephenson	U15B	Aberdeen AAC	13
14	10:33	Euan	Cridland	U15B	Aberdeen AAC	14
15	10:41	Archie	Hendry	U15B	Gala Harriers	15
16	10:54	Finlay	McKay	U15B	Aberdeen AAC	16
17	10:58	Dylan	Pearson	U15B	Aberdeen AAC	17
18	11:03	William	Scott	U15B	Helensburgh AAC	18
19	11:08	Angus	Laird	U15B	Inverness Harriers AAC	19
20	11:19	Innes	Wright	U15B	Team East Lothian	20

Combined Result

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:03	Finlay	Ross	U15B	Harmeny AC	1
2	9:10	Corey	Campbell	U15B	Team East Lothian	1
3	9:21	Reiss	Marshall	U15B	Fife AC	2
4	9:23	Hamish	McKay	U15B	Aberdeen AAC	3
5	9:25	Archie	McDonald	U15B	Perth Strathtay Harriers	2
6	9:27	Lachlan	Buchanan	U15B	Inverness Harriers AAC	4
7	9:32	Andrew	McWilliam	U15B	Lasswade AC	5
8	9:47	Cameron	Rankine	U15B	Gala Harriers	6
9	9:48	Roy	Taylor	U15B	Elgin AAC	3
10	9:57	Caleb	McLeod	U15B	Pitreavie AAC	7
11	9:58	Aidan	Page	U15B	Team East Lothian	8
12	9:59	Caleb	McGuire	U15B	Aberdeen AAC	9
13	10:00	Oliver	Patton	U15B	Kilbarchan AAC	4
14	10:02	David	Lidstone	U15B	Perth Strathtay Harriers	5
14	10:02	Kieran	Fulton	U15B	Moorfoot Runners	5
16	10:05	Tayven	Adamson	U15B	Inverclyde AC	7
16	10:05	Zico	Field	U15B	Gala Harriers	10
18	10:07	Sam	Coull	U15B	Ross County AC	8
19	10:10	Brodie	Cameron	U15B	Arbroath & District AC	9
20	10:13	Ben	Campbell	U15B	Greenock Glenpark Harriers	10
21	10:18	Rowan	Taylor	U15B	Lasswade AC	11
22	10:21	Sam	Kitchin	U15B	Lasswade AC	12
23	10:24	Jack	Donald	U15B	Dundee Hawkhill Harriers	11
23	10:24	Samuel	Stephenson	U15B	Aberdeen AAC	13
25	10:25	John	Marshall	U15B	Haddington RC	12
26	10:32	Campbell	Fairgrieve	U15B	Edinburgh AC	13
27	10:33	Euan	Cridland	U15B	Aberdeen AAC	14
28	10:34	Struan	Gatherer	U15B	Perth Strathtay Harriers	14
29	10:40	Iain	Jordan	U15B	Perth Strathtay Harriers	15
30	10:41	Archie	Hendry	U15B	Gala Harriers	15
31	10:53	Ryan	Curran	U15B	Nairn Area AAC	16
31	10:53	Alistair	Young	U15B	Ross County AC	17
33	10:54	Finlay	McKay	U15B	Aberdeen AAC	16
34	10:58	Dylan	Pearson	U15B	Aberdeen AAC	17
35	11:03	William	Scott	U15B	Helensburgh AAC	18
36	11:07	Keir	Arthur	U15B	Inverclyde AC	18
37	11:08	Angus	Laird	U15B	Inverness Harriers AAC	19
38	11:19	Innes	Wright	U15B	Team East Lothian	20
39	11:22	Peter	Ferguson	U15B	Harmeny AC	19
40	12:08	James	Thom	U15B	Banchory Stonehaven AC	20

U17W

Wave 9

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:56	Louisa	Brown	U17W	Garscube Harriers	1
2	10:23	Katie	Christie	U17W	Falkirk Victoria Harriers	2
3	10:36	Grace	Tindall	U17W	Central AC	3
4	10:39	Bridget	Harley	U17W	Team East Lothian	4
5	10:40	Natasha	Phillips	U17W	Dundee Hawkhill Harriers	5
6	10:48	Katie	Johnson	U17W	Edinburgh AC	6
7	10:50	Emma	Johnson	U17W	Corstorphine AAC	7
8	11:06	Anise	Macaulay Orr	U17W	Edinburgh AC	8
9	11:16	Flora	Henry	U17W	Team East Lothian	9
10	11:28	Kirstin	Grant	U17W	Aberdeen AAC	10
11	11:30	Erin	Hendry	U17W	Falkirk Victoria Harriers	11
12	11:31	Jaden	Lenny	U17W	Fife AC	12
13	11:43	Hayley	Brown	U17W	Fife AC	13
14	11:49	Abi	Hammerman	U17W	Inverclyde AC	14
15	11:58	Ellen	Astley	U17W	Ellon AAC	15
16	12:02	Ruby	McGill	U17W	Greenock Glenpark Harriers	16
17	12:03	Rose	Ryan	U17W	Perth Straththay Harriers	17
17	12:03	Katie	McDonald	U17W	Corstorphine AAC	17
19	12:04	Aimee	Tawse	U17W	Ellon AAC	19
20	12:46	Ellyn	Smith	U17W	Moray RR	20
21	13:09	Anna	Saunders	U17W	Perth Straththay Harriers	21
22	13:18	Hannah	Stephen	U17W	Moray RR	22

U17M

Wave 10

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:17	Conan	Harper	U17M	Teviotdale Harriers	1
2	9:24	Tendai	Nyabadza	U17M	Harmeny AC	2
3	9:25	Ross	Dewar	U17M	Edinburgh AC	3
4	9:25	Harris	Pagett	U17M	Strathearn Harriers	4
5	9:27	Sam	Grivell	U17M	Central AC	5
6	9:31	Theo	Phillips Smith	U17M	Corstorphine AAC	6
7	9:33	Ruairidh	Williams	U17M	Corstorphine AAC	7
8	9:44	Gregor	Hunter	U17M	Falkirk Victoria Harriers	8
9	9:46	Patrick	Milne	U17M	Corstorphine AAC	9
10	10:00	Alastair	Scott	U17M	Lasswade AC	10
11	10:14	Ruairidh	Ellen	U17M	Ross County AC	11
12	10:20	Ben	Struthers	U17M	Corstorphine AAC	12
13	10:21	Angus	Gibson	U17M	Falkirk Victoria Harriers	13
14	10:22	Oscar	Shepherd	U17M	Ross County AC	14
15	10:27	Shaun	Wiseman	U17M	Greenock Glenpark Harriers	15
16	10:40	Adam	Wetton	U17M	Corstorphine AAC	16

Wave 11

Place	Time	First Name	Last Name	Age	Club	Pos
1	8:50	Samuel	Griffin	U17M	Aberdeen AAC	1
2	8:51	Struan	Bennet	U17M	Fife AC	2
3	8:59	Magnus	Ashworth	U17M	Perth Straththay Harriers	3
4	9:05	Lucas	Cairns	U17M	Inverness Harriers AAC	4
5	9:17	Conor	Gourley	U17M	Pitreavie AAC	5
6	9:21	Ewan	Christie	U17M	Gala Harriers	6
7	9:22	Ryan	Smith	U17M	Dundee Hawkhill Harriers	7
8	9:27	Angus	Wright	U17M	Team East Lothian	8
9	9:29	Warren	Lorente	U17M	Dundee Hawkhill Harriers	9
10	9:31	Lewis	Hainey	U17M	Inverclyde AC	10
11	9:32	Euan	Rollo	U17M	Inverness Harriers AAC	11
12	9:40	James	Grant	U17M	Perth Straththay Harriers	12
13	9:45	Lewis	Watt	U17M	Aberdeen AAC	13
14	9:53	Dylan	Dickie	U17M	Aberdeen AAC	14
15	10:02	Andrew	Thomson	U17M	PH Racing Club	15
16	10:07	Aaron	Bennet	U17M	PH Racing Club	16
17	10:15	Patrick	Lang	U17M	Aberdeen AAC	17
18	10:39	Daniel	Lidstone	U17M	Perth Straththay Harriers	18

Combined Result

Place	Time	First Name	Last Name	Age	Club	Pos
1	8:50	Samuel	Griffin	U17M	Aberdeen AAC	1
2	8:51	Struan	Bennet	U17M	Fife AC	2
3	8:59	Magnus	Ashworth	U17M	Perth Straththay Harriers	3
4	9:05	Lucas	Cairns	U17M	Inverness Harriers AAC	4
5	9:17	Conan	Harper	U17M	Teviotdale Harriers	1
5	9:17	Conor	Gourley	U17M	Pitreavie AAC	5
7	9:21	Ewan	Christie	U17M	Gala Harriers	6
8	9:22	Ryan	Smith	U17M	Dundee Hawkhill Harriers	7
9	9:24	Tendai	Nyabadza	U17M	Harmeny AC	2
10	9:25	Ross	Dewar	U17M	Edinburgh AC	3
10	9:25	Harris	Pagett	U17M	Strathearn Harriers	4
12	9:27	Sam	Grivell	U17M	Central AC	5
12	9:27	Angus	Wright	U17M	Team East Lothian	8
14	9:29	Warren	Lorente	U17M	Dundee Hawkhill Harriers	9
15	9:31	Theo	Phillips Smith	U17M	Corstorphine AAC	6
15	9:31	Lewis	Hainey	U17M	Inverclyde AC	10
17	9:32	Euan	Rollo	U17M	Inverness Harriers AAC	11
18	9:33	Ruairidh	Williams	U17M	Corstorphine AAC	7
19	9:40	James	Grant	U17M	Perth Straththay Harriers	12
20	9:44	Gregor	Hunter	U17M	Falkirk Victoria Harriers	8
21	9:45	Lewis	Watt	U17M	Aberdeen AAC	13
22	9:46	Patrick	Milne	U17M	Corstorphine AAC	9
23	9:53	Dylan	Dickie	U17M	Aberdeen AAC	14
24	10:00	Alastair	Scott	U17M	Lasswade AC	10
25	10:02	Andrew	Thomson	U17M	PH Racing Club	15
26	10:07	Aaron	Bennet	U17M	PH Racing Club	16
27	10:14	Ruairidh	Ellen	U17M	Ross County AC	11
28	10:15	Patrick	Lang	U17M	Aberdeen AAC	17
29	10:20	Ben	Struthers	U17M	Corstorphine AAC	12
30	10:21	Angus	Gibson	U17M	Falkirk Victoria Harriers	13
31	10:22	Oscar	Shepherd	U17M	Ross County AC	14
32	10:27	Shaun	Wiseman	U17M	Greenock Glenpark Harriers	15
33	10:39	Daniel	Lidstone	U17M	Perth Straththay Harriers	18
34	10:40	Adam	Wetton	U17M	Corstorphine AAC	16

Wave 12 Invitational Women

Place	Time	First Name	Last Name	Age	Club	Pos
1	9:33	Megan	Keith	U20W	Inverness Harriers AAC	1
2	9:40	Holly	Page	SW	Edinburgh Univ Hare and Hounds	1
3	9:43	Morag	Millar	SW	Central AC	2
4	9:47	Naomi	Lang	SW	Edinburgh Univ Hare and Hounds	3
5	9:53	Nynke	Mulholland	SW	Inverclyde AC	4
6	9:55	Sarah	Calvert	U20W	Edinburgh Univ Hare and Hounds	2
7	9:56	Rebecca	Johnson	SW	Edinburgh Univ Hare and Hounds	5
8	9:58	Sarah	Tait	U20W	Lasswade AC	3
9	10:02	Charlotte	Clare	U20W	Edinburgh Univ Hare and Hounds	4
10	10:02	Hannah	Cameron	SW	Edinburgh AC	6
11	10:07	Annabel	Simpson	SW	Fife AC	7
12	10:08	Hannah	Anderson	U20W	Edinburgh Univ Hare and Hounds	5
13	10:13	Jenny	Selman	SW	Fife AC	8
14	10:15	Niamh	Carr	U20W	Edinburgh Univ Hare and Hounds	6
15	10:17	Sarah	Coutts	U20W	Fife AC	7
16	10:25	Zoe	Bates	SW	Aberdeen AAC	9
17	10:27	Pippa	Carcas	U20W	Edinburgh AC	8
18	10:31	Isla	Calvert	U20W	Livingston AC	9
19	10:33	Kara	McKenzie-Tait	SW	Kilmarnock H&AC	10
20	10:35	Juliet	Downs	SW	Edinburgh Univ Hare and Hounds	11
21	10:42	Kirstin	Maxwell	SW	Gala Harriers	12
22	10:45	Laura	Gibson	SW	Fife AC	13
23	10:48	Rhiannon	Kirk	SW	Edinburgh Univ Hare and Hounds	14
24	10:59	Chloe	Simpson	SW	Kilbarchan AAC	15
25	11:33	Kristina	Greig	SW	Bellahouston Harriers	16
26	11:35	Rhona	Mowat	U20W	Giffnock North AC	10

Wave 13 Invitational Men

Place	Time	First Name	Last Name	Age	Club	Pos
1	8:13	Jamie	Crowe	SM	Central AC	1
2	8:15	Sean	Chalmers	SM	Inverness Harriers AAC	2
3	8:16	Aidan	Thompson	SM	Central AC	3
4	8:20	Freddie	Carcas	SM	Edinburgh AC	4
5	8:22	Alex	Carcas	SM	Edinburgh AC	5
6	8:23	Ben	Potrykus	SM	Inverclyde AC	6
7	8:24	Ewan	Brown	SM	Corstorphine AAC	7
8	8:24	James	Donald	SM	Dundee Hawkhill Harriers	8
9	8:25	Lachlan	Oates	SM	Shettleston Harriers	9
10	8:27	Jonathan	Glen	SM	Inverclyde AC	10
11	8:28	Joseph	Arthur	SM	Edinburgh AC	12
12	8:28	Max	Milarvie	SM	Edinburgh Univ Hare and Hounds	13
13	8:28	Kane	Elliott	U20M	Falkirk Victoria Harriers	1
14	8:30	Eddie	Narbett	SM	Edinburgh Univ Hare and Hounds	13
15	8:31	Gavin	Smith	SM	Cambuslang Harriers	14
16	8:32	Jamie	MacKinnon	SM	Cambuslang Harriers	15
17	8:33	Michael	Ferguson	SM	Aberdeen AAC	16
18	8:40	Myles	Edwards	SM	Aberdeen AAC	17
19	8:42	Christian	Graham	U20M	Lasswade AC	2
20	8:45	Dougie	Selman	SM	Corstorphine AAC	18
21	8:46	George	Rudman	SM	Edinburgh Univ Hare and Hounds	19
22	8:49	Daryl	Reid	SM	East Kilbride AC	20
23	8:52	Calum	McKenzie	SM	Corstorphine AAC	21
24	8:58	Peter	Bradshaw	U20M	Inverclyde AC	3
25	9:06	Ben	MacMillan	U20M	Central AC	4
26	9:21	Alastair	Marshall	U20M	Central AC	5

Lindsays Short Course Cross Country

Scone Palace

Scone

Saturday 5th December 2020

<u>Wave</u>	<u>Race</u>	<u>Start</u>	<u>Dist.</u>
1	Under 13 Girls	1100	1.5k
2	Under 13 Girls	1115	1.5k
3	Under 13 Boys	1130	1.5k
4	Under 13 Boys	1145	1.5k
5	Under 15 Girls	1200	3k
6	Under 15 Girls	1220	3k
7	Under 15 Boys	1300	3k
8	Under 15 Boys	1320	3k
9	Under 17 Women	1340	3k
10	Under 17 Men	1355	3k
11	Under 17 Men	1410	3k
12	Elite Women	1425	3k
13	Elite Men	1440	3k

lindsays

**SCOTTISH
CROSSCOUNTRY
SEASON**



Lindsays Short Course Cross Country
Scone Palace
Saturday 5th December 2020
OFFICIALS

Referee:	Andy Law
Assistant Referee:	Margaret-Ann McLachlan
Clerk of Course:	Simon Grieshaber
Chief Marshal:	Grant Wooler
Officials Report:	Dave Cairns
Declarations:	Caitlin Watt, Ron Cheyne, Allan Hamilton
Starter:	Richard O'Grady
Starters Assistant:	Keith Traill
Line Judge:	Ian Hislop
Timekeepers/ Time Recorders:	Martin Rowe, Bill Gentleman, Morna Fleming
Place Recorders:	Rachel Halliday, Linden Nicholson, Fran Snitjer
Video Recorder:	Dawn Armitt
Finish Area:	Angela Mudge, Mark Pollard
Chief Steward:	Sandra Hardacre
Warm Up / Cool DownStewards:	Jamie McDonald, Pamela Robertson, Colin Hutchison, Members of Perth Road Runners
Announcer Course:	Graham Bennison
Results:	Caitlin Watt, Dave Cairns
Course Build & Marshals:	Members of Perth Road Runners
National Event Manager:	Alasdhair Love
Convenor:	Dave Cairns
Co Convenor:	Dawn Armitt
Covid Coordinator:	Francis Smith

Wave 1 (White)			Wave 2 (Blue)		
No.	Name	Club	No.	Name	Club
31	Iris Nicoll	Dundee Hawkhill Harriers	401	Ellis Rochford	Aberdeen AAC
32	Rachel Barnett	Dunfermline Track & Field AC	402	Lucy Todd	Aberdeen AAC
33	Chloe Davies	Falkirk Victoria Harriers	403	Megan Lang	Corstorphine AAC
34	Katie Hedges	Falkirk Victoria Harriers	404	Alice Mourao	Corstorphine AAC
35	Sarah-Jane Kane	Falkirk Victoria Harriers	405	Jemma Macleod	Cumbernauld AAC
36	Hannah Macleod	Falkirk Victoria Harriers	406	Dashka MacDonald	Edinburgh AC
37	Isabella Ogg	Falkirk Victoria Harriers	407	Megan McKay	Edinburgh AC
38	Emma Brander	Harmeny AC	408	Elise Field	Gala Harriers
39	Lara Brechin	Harmeny AC	409	Erin Gray	Gala Harriers
40	Leah Buchan	Harmeny AC	410	Jessica Hendry	Gala Harriers
41	Nancy Corrie	Harmeny AC	411	Kirsty Rankine	Gala Harriers
42	Skye Marshall	Harmeny AC	412	Maria McCabe	Greenock Glenpark Harriers
43	Natsai Nyabadza	Harmeny AC	413	Summer Taggart	Greenock Glenpark Harriers
44	Bethan Kitchin	Lasswade AC	414	Freya Harley	Haddington RC
45	Freya Mowbray	Lasswade AC	415	Lexie Bremner	Inverclyde AC
46	Eloise Scott	Lasswade AC	416	Iris Paterson	Inverclyde AC
47	Mairi Gatherer	Perth Strathtay Harriers	417	Lois Macrae	Inverness Harriers AAC
48	Eilidh Hearn	Perth Strathtay Harriers	418	Sky Simpson	Inverness Harriers AAC
49	Iris Ryan	Perth Strathtay Harriers	419	Jessica Needs	Peterhead AC
50	Eilidh Dallas	Strathearn Harriers	420	Rachel Johnston	Pitreavie AAC

Wave 3 (Yellow)			Wave 4 (White)		
No.	Name	Club	No.	Name	Club
201	Lewis Harrison	Corstorphine AAC	51	Oscar Chirnside	Aberdeen AAC
202	Tom Brydie	Edinburgh AC	52	Finlay Rae	Aberdeen AAC
203	Dylan Daunt	Edinburgh AC	53	Luc Macleod	Banchory Stonehaven AC
204	Josh Daunt	Edinburgh AC	54	Israel Noble	Fraserburgh RC
205	Harry MacKay	Edinburgh AC	55	Jensen Strachan	Fraserburgh RC
206	Laurence Ward	Edinburgh AC	56	Ross Christie	Gala Harriers
207	Luke Culliton	Falkirk Victoria Harriers	57	Archie Dalgliesh	Gala Harriers
209	Hamish Hunter	Falkirk Victoria Harriers	58	Matty Fleming	Gala Harriers
210	Finch Geary	Fife AC	59	Morgan Frost	Gala Harriers
211	Archie Suttie	Fife AC	60	Daniel Hendry	Garscube Harriers
212	Dair Alexander	Harmeny AC	61	Leo Beaton	Greenock Glenpark Harriers
213	Kieran Hardie	Harmeny AC	62	Cameron Beck	Greenock Glenpark Harriers
214	Matthew Holden	Harmeny AC	63	Douglas Campbell	Greenock Glenpark Harriers
215	Dan McGuire	Harmeny AC	64	Joshua Liddell	Haddington RC
216	Daniel McIntyre	Harmeny AC	65	Fraser Lupton	Haddington RC
217	Kealan O'Shea-Morrans	Harmeny AC	66	Charlie Pugh	Haddington RC
218	Fergus Ross	Harmeny AC	67	Ewan Docherty	Inverclyde AC
219	Ralph Wilkie	Harmeny AC	68	Ashton Fulton	Inverclyde AC
220	Ethan Stark	Perth Strathtay Harriers	69	Ben Gerrard	Inverclyde AC
221	Ross Allan	Pitreavie AAC	70	Aaron Harkins	Inverclyde AC
222	Frazer Lees	Pitreavie AAC	71	Liam Kane	Inverclyde AC
223	Oliver Wishart	Pitreavie AAC	72	Oliver Wagstaff	Inverclyde AC
224	Scott Cramb	Strathearn Harriers	73	Murdo English	Inverness Harriers AAC
225	Andrew Grant	Strathearn Harriers	74	Michael Miller	Inverness Harriers AAC
226	Jake Page	Team East Lothian	75	Andrew Baird	Ross County AC
208	Fraser Gemmell	Unattached	76	Calum Duffy	Ross County AC
			77	George Ross	Ross County AC

Wave 5 (Blue)			Wave 6 (Yellow)		
No.	Name	Club	No.	Name	Club
421	Ailsa Bagnall	Corstorphine AAC	227	Gabija Kavaliauskaite	Aberdeen AAC
422	Eva Cameron	Corstorphine AAC	228	Anna McNeill	Aberdeen AAC
423	Olivia Clarke	Corstorphine AAC	229	Grace Cook	Dundee Hawkhill Harriers
424	Charlotte MacPhie	Corstorphine AAC	230	Anna Cruden	Edinburgh AC
425	Charlotte Horne	Falkirk Victoria Harriers	231	Ruth Burns	Ellon AAC
426	Abbi Macleod	Falkirk Victoria Harriers	232	Hannah Taylor	Ellon AAC
427	Katie Sandilands	Fife AC	233	Isla Paterson	Gala Harriers
428	Isla Thoms	Fife AC	234	Ava Beaton	Greenock Glenpark Harriers
429	Amy Teasdale	Kilbarchan AAC	235	Grace Harley	Haddington RC
430	Olivia Meikle	Lasswade AC	236	Esther Taylor	Harmeny AC
431	Erin Lee	Perth Strathtay Harriers	237	Anna Cairns	Inverness Harriers AAC
432	Ariane Baillie	Pitreavie AAC	238	Mara Duffy	Inverness Harriers AAC
433	Erin Macfarlane	Pitreavie AAC	239	Grace MacDonald	Inverness Harriers AAC
434	Lily Simon	Pitreavie AAC	240	Elena Lee	Moorfoot Runners
435	Katie Thomson	Pitreavie AAC	241	Abbie Little	Moorfoot Runners
436	Freya Murdoch	Stockport Harriers	242	Beth Urquhart	Moray RR
437	Jessica Bullen	Team East Lothian	243	Skye Rae	Nithsdale AC
438	Cristina Elliot	Team East Lothian	244	Madeline McGregor	North Ayrshire AAC
439	Olivia Robbins	Team East Lothian	245	Nell McGregor	North Ayrshire AAC
440	Maja Thomson	Team East Lothian			

Wave 7 (White)			Wave 8 (Blue)		
No.	Name	Club	No.	Name	Club
78	Brodie Cameron	Arbroath & District AC	441	Rhys Crawford	Aberdeen AAC
79	James Thom	Banchory Stonehaven AC	442	Euan Cridland	Aberdeen AAC
80	Jack Donald	Dundee Hawkhill Harriers	443	Caleb McGuire	Aberdeen AAC
81	Campbell Fairgrieve	Edinburgh AC	444	Finlay McKay	Aberdeen AAC
82	Roy Taylor	Elgin AAC	445	Hamish McKay	Aberdeen AAC
83	Ben Campbell	Greenock Glenpark Harriers	446	Dylan Pearson	Aberdeen AAC
84	David Docherty	Greenock Glenpark Harriers	447	Samuel Stephenson	Aberdeen AAC
85	John Marshall	Haddington RC	448	Rowan Geary	Fife AC
86	Peter Ferguson	Harmeny AC	449	Reiss Marshall	Fife AC
87	Ethan Lorimer	Harmeny AC	450	Zico Field	Gala Harriers
88	Finlay Ross	Harmeny AC	451	Archie Hendry	Gala Harriers
89	Alasdair Wallace	Harmeny AC	452	Cameron Rankine	Gala Harriers
90	Tayven Adamson	Inverclyde AC	453	William Scott	Helensburgh AAC
91	Keir Arthur	Inverclyde AC	454	Lachlan Buchanan	Inverness Harriers AAC
92	Oliver Patton	Kilbarchan AAC	455	Angus Laird	Inverness Harriers AAC
93	Kieran Fulton	Moorfoot Runners	456	Sam Kitchin	Lasswade AC
94	Ryan Curran	Nairn Area AAC	457	Andrew McWilliam	Lasswade AC
95	Struan Gatherer	Perth Strathtay Harriers	458	Rowan Taylor	Lasswade AC
96	Iain Jordan	Perth Strathtay Harriers	459	Cameron Johnston	Pitreavie AAC
97	David Lidstone	Perth Strathtay Harriers	460	Caleb McLeod	Pitreavie AAC
98	Archie McDonald	Perth Strathtay Harriers	461	Corey Campbell	Team East Lothian
99	Sam Coull	Ross County AC	462	Aidan Page	Team East Lothian
100	Alistair Young	Ross County AC	463	Jamie Smith	Team East Lothian
101	Irvine Welsh	Teviotdale Harriers	464	Innes Wright	Team East Lothian

Wave 9 (Yellow)

No.	Name	Club
246	Kirstin Grant	Aberdeen AAC
247	Charlotte Narducci	Aberdeen AAC
248	Grace Tindall	Central AC
249	Emma Johnson	Corstorphine AAC
250	Katie McDonald	Corstorphine AAC
251	Natasha Phillips	Dundee Hawkhill Harriers
252	Katie Johnson	Edinburgh AC
253	Anise Macaulay Orr	Edinburgh AC
254	Ellen Astley	Ellon AAC
255	Aimee Tawse	Ellon AAC
256	Katie Christie	Falkirk Victoria Harriers
257	Erin Hendry	Falkirk Victoria Harriers
258	Hayley Brown	Fife AC
259	Jaden Lenny	Fife AC
260	Louisa Brown	Garscube Harriers
261	Ruby McGill	Greenock Glenpark Harriers
262	Abi Hammerman	Inverclyde AC
263	Orla McGeehan	Inverclyde AC
264	Aurelia Tiffoney	Kilbarchan AAC
265	Ellyn Smith	Moray RR
266	Hannah Stephen	Moray RR
267	Abigail Fyall	Nithsdale AC
268	Rose Ryan	Perth Strathtay Harriers
269	Anna Saunders	Perth Strathtay Harriers
270	Bridget Harley	Team East Lothian
271	Flora Henry	Team East Lothian
272	Maisie Ballantyne	Teviotdale Harriers

Wave 10 (White)			Wave 11 (Blue)		
No.	Name	Club	No.	Name	Club
102	Sam Grivell	Central AC	465	Kai Crawford	Aberdeen AAC
103	Patrick Milne	Corstorphine AAC	466	Dylan Dickie	Aberdeen AAC
104	Theo Phillips Smith	Corstorphine AAC	467	Samuel Griffin	Aberdeen AAC
105	Ben Struthers	Corstorphine AAC	468	Patrick Lang	Aberdeen AAC
106	Adam Wetton	Corstorphine AAC	469	Lewis Watt	Aberdeen AAC
107	Ruairidh Williams	Corstorphine AAC	470	Warren Lorente	Dundee Hawkhill Harriers
108	Ross Dewar	Edinburgh AC	471	Ryan Smith	Dundee Hawkhill Harriers
109	Scott Perry	Elgin AAC	472	Struan Bennet	Fife AC
110	Angus Gibson	Falkirk Victoria Harriers	473	Ewan Christie	Gala Harriers
111	Gregor Hunter	Falkirk Victoria Harriers	474	Jonathan Cameron	Inverclyde AC
112	Jude Dolan	Greenock Glenpark Harriers	475	Lewis Hainey	Inverclyde AC
113	Shaun Wiseman	Greenock Glenpark Harriers	476	Lucas Cairns	Inverness Harriers AAC
114	Archie Irwin	Harmeny AC	477	Duncan MacDonald	Inverness Harriers AAC
115	Tendai Nyabadza	Harmeny AC	478	Finlay Raynor	Inverness Harriers AAC
116	Harry Henriksen	Lasswade AC	479	Euan Rollo	Inverness Harriers AAC
117	Alastair Scott	Lasswade AC	480	Magnus Ashworth	Perth Strath Tay Harriers
118	Ruaridh Ellen	Ross County AC	481	James Grant	Perth Strath Tay Harriers
119	Oscar Shepherd	Ross County AC	482	Daniel Lidstone	Perth Strath Tay Harriers
120	Harris Pagett	Strathearn Harriers	483	Aaron Bennet	PH Racing Club
121	Conan Harper	Teviotdale Harriers	484	Andrew Thomson	PH Racing Club
122	Robbie Welsh	Teviotdale Harriers	485	Conor Gourley	Pitreavie AAC
123	Jake Speirs	VP-Glasgow AC	486	Angus Wright	Team East Lothian

Wave 12 (Yellow)			Wave 13 (White)		
No.	Name	Club	No.	Name	Club
273	Zoe Bates	Aberdeen AAC	1	Myles Edwards	Aberdeen AAC
274	Kirsty Purcell	Aberdeen AAC	2	Michael Ferguson	Aberdeen AAC
275	Kristina Greig	Bellahouston Harriers	3	Jamie MacKinnon	Cambuslang Harriers
276	Morag Millar	Central AC	4	Gavin Smith	Cambuslang Harriers
277	Hannah Cameron	Edinburgh AC	5	Jamie Crowe	Central AC
278	Pippa Carcas	Edinburgh AC	6	Calum McKenzie	Corstorphine AAC
279	Hannah Anderson	Edinburgh Univ Hare and Hounds	7	Alastair Hay	Central AC
280	Sarah Calvert	Edinburgh Univ Hare and Hounds	8	Ben MacMillan	Central AC
281	Niamh Carr	Edinburgh Univ Hare and Hounds	9	Alastair Marshall	Central AC
282	Charlotte Clare	Edinburgh Univ Hare and Hounds	10	Aidan Thompson	Central AC
283	Juliet Downs	Edinburgh Univ Hare and Hounds	11	Ewan Brown	Corstorphine AAC
284	Rebecca Johnson	Edinburgh Univ Hare and Hounds	12	Dougie Selman	Corstorphine AAC
285	Rhiannon Kirk	Edinburgh Univ Hare and Hounds	13	James Donald	Dundee Hawkhill Harriers
286	Naomi Lang	Edinburgh Univ Hare and Hounds	14	Daryl Reid	East Kilbride AC
287	Holly Page	Edinburgh Univ Hare and Hounds	15	Joseph Arthur	Edinburgh AC
288	Sarah Coutts	Fife AC	16	Alex Carcas	Edinburgh AC
289	Laura Gibson	Fife AC	17	Freddie Carcas	Edinburgh AC
290	Jenny Selman	Fife AC	18	Max Milarvie	Edinburgh Univ Hare and Hounds
291	Annabel Simpson	Fife AC	19	Eddie Narbett	Edinburgh Univ Hare and Hounds
292	Kirstin Maxwell	Gala Harriers	20	George Rudman	Edinburgh Univ Hare and Hounds
293	Rhona Mowat	Giffnock North AC	21	Kane Elliott	Falkirk Victoria Harriers
294	Nynke Mulholland	Inverclyde AC	22	Hamish Armitt	Giffnock North AC
295	Megan Keith	Inverness Harriers AAC	23	Peter Bradshaw	Inverclyde AC
296	Chloe Simpson	Kilbarchan AAC	24	Jonathan Glen	Inverclyde AC
297	Kara McKenzie-Tait	Kilmarnock H&AC	25	Ben Potrykus	Inverclyde AC
298	Sarah Tait	Lasswade AC	26	Sean Chalmers	Inverness Harriers AAC
299	Isla Calvert	Livingston AC	27	Stephen Mackay	Inverness Harriers AAC
300	Kayleigh Jarrett	Shettleston Harriers	28	Christian Graham	Lasswade AC
301	Avril Mason	Shettleston Harriers	29	Lachlan Oates	Shettleston Harriers

Lindsays Short Course Cross Country

Wave Info	Drop off/ Declarations	Warm Up Access	Warm Up Zone	Declarations Close	Report to Start	Race time	Kit Collect/ Cool Down	Pick up/ Leave By
Race 1 Under 13 Girls 1.5km	10:00	10:15	1 White	10:30	10:55	11:00	11:10	11:30
Race 2 Under 13 Girls 1.5km	10:15	10:30	2 Blue	10:45	11:10	11:15	11:25	11:45
Race 3 Under 13 Boys 1.5km	10:30	10:45	3 Yellow	11:00	11:25	11:30	11:40	12:00
Race 4 Under 13 Boys 1.5km	10:45	11:00	1 White	11:15	11:40	11:45	11:55	12:15
Race 5 Under 15 Girls 3km	11:00	11:15	2 Blue	11:30	11:55	12:00	12:20	12:40
Race 6 Under 15 Girls 3km	11:20	11:35	3 Yellow	11:50	12:15	12:20	12:40	13:00
BREAK								
Race 7 Under 15 Boys 3km	12:00	12:15	1 White	12:30	12:55	13:00	13:20	13:40
Race 8 Under 15 Boys 3km	12:20	12:35	2 Blue	12:50	13:15	13:20	13:40	14:00
Race 9 Under 17 Women 3km	12:40	12:55	3 Yellow	13:10	13:35	13:40	14:00	14:20
Race 10 Under 17 Men 3km	12:55	13:10	1 White	13:25	13:50	13:55	14:15	14:35
Race 11 Under 17 Men 3km	13:10	13:25	2 Blue	13:40	14:05	14:10	14:30	14:50
Race 12 Elite Women 3km	13:25	13:40	3 Yellow	13:55	14:20	14:25	14:45	15:05
Race 13 Elite Men 3km	13:40	13:55	1 White	14:10	14:35	14:40	15:00	15:20

